
YOU ARE ABLE TO PLAN YOUR WAY TO SUCCESS

Goal Setting Worksheets

Designed by Tish Bullard



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Goal Setting Worksheets

These little but powerful goal setting worksheets are one of the best gifts that I have to give this year. As I season, I am more intrigued with living life to the fullest and learning how to navigate successfully. Your life can be as well planned as any party you can host.

If we can change something as powerful as our MINDSET, we can achieve our heart's desire and no longer find the need to be mediocre and "just get by". You are already successful, my friend, but I can guarantee that there is more peace, more prosperity, and more productivity that is waiting on you.

I am in love with Goal Setting and Mapping out My Vision. And, to be able to see them manifest cause me to love the art of Goals and Visualization even more. And, today, I share this gift and passion with you.

I encourage you to take out some quiet time and complete the sheets that follow. You are never too young, old, knowledgeable, rich, poor, "in between", etc. to live the life that you dream of.

Here's to a wonderful and successful year.

Be sure to share your successes with me. I know they are coming because they are sitting on the other side of your Goal Setting. You set goals, you achieve success.



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TODAY IS GOING TO BE A GREAT DAY

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LET'S BREAK YOUR GOALS DOWN IN TO MANAGEABLE TASKS.

STEP ONE

For each goal that you have created, I want you to really think about what it is you desire to do or make happen in the next 12 months. Try your best to stay clear from goals that are too vague. For example, "Be successful in 2018", "Get a better job", "Lose Weight" These are too broad. You will need to define what "success" "a better job" or "weight loss" means and looks like to you so that you will know what to work towards and even know when you have reached the goal and the result you were truly wanting.

So on the next worksheet, be specific with your goals. Your goals should line up with your values and your true Heart's Desire.

So this is how I would define those vague goals into "specific" goals:

Example 1: Think positive daily and focus on completing my tasks. Beginning Now.

Example 2: Polish my resume and freshen my skills to work as a "Business Manager". Start applying June 1, 2018.

Example 3: Plan my meals and daily activities that will be better for my body and health. Lose 10 lbs by June 1, 2018.

STEP TWO

Now that you have your goals down. It will be a great idea to break them up into smaller actions that will help you reach them in steps. Do this activity on your Monthly Goal Setting Pages.

Example: Polish my resume and freshen my skills to work as a "Business Manager".

Task 1: Edit my resume and take off old jobs and responsibilities that will not be beneficial.

Task 2: Research "Business Manager" positions to see what are the common credentials and experience needed.

Task 3: Take an online class or check with my local university for course offerings.

Task 4: Make a list of companies that I would like to apply to and pull up their application requirements

Task 5: Send my new resume with the qualifications to the companies I am interested in.

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My 2018 Goals are:

Date to Accomplish

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____
19. _____
20. _____

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Month _____

GOAL #1

To Be Completed By _____

Steps I Need to Take:

1. _____
2. _____
3. _____
4. _____
5. _____

GOAL #2

To Be Completed By _____

Steps I Need to Take:

1. _____
2. _____
3. _____
4. _____
5. _____

GOAL #3

To Be Completed By _____

Steps I Need to Take:

1. _____
2. _____
3. _____
4. _____
5. _____

I will reward myself when I accomplish my goals by:

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In 3 months, I should have accomplished the following goals.

1. _____
2. _____
3. _____
4. _____
5. _____

In 6 months, I should have accomplished the following goals.

1. _____
2. _____
3. _____
4. _____
5. _____

In 9 months, I should have accomplished the following goals.

1. _____
2. _____
3. _____
4. _____
5. _____

In 12 months, I should have accomplished the following goals.

1. _____
2. _____
3. _____
4. _____
5. _____

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DESIGN AND LIVE THE LIFE THAT YOU LOVE

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About Tish Bullard Events

Tish Bullard Events is an award winning event planning company that loves to work with savvy hostesses with intimate and small guest lists.

With over 10 years of experience and recognition for delivering superb customer service and a beautiful event design and coordination, our team is here to help you.

Tish Bullard also strives to help creative and talented moms dream big and plan a life they love by offering inspirational support and resources.

Let's Connect



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