



# EMERGENCY KIT GUIDE FOR HER

WRITTEN BY TISH BULLARD

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You can never have too many things with you on your wedding that serve as “just in case”. Small mishaps occur and by taking time to prepare a Wedding Day Emergency Kit you can be ahead of the bride game. Having this kit on hand will also save you time from having to make impromptu trips to the local drugstore right before you walk down the aisle.

Here are a few key essentials that can make a huge impact on your special day.

- Hair Elastic and Bobby Pins—sometimes hair flies away and you may need a little bit of reinforcement
- Bandages—this is an emergency kit essential.
- Oil Blotting Sheets—have these on hand to blot away any shiny spots on your face
- Pain Relievers and Antacid—you may need these to ward off a headache or hurting feet from your fab wedding shoes or your tummy may need a little relief
- Peppermints—you will be kissing your honey, right?
- Hanky—dry your happy tears with a cute hanky
- Double Sided Tape— you can use this for almost anything
- Deodorant—stress sweat or not, this is an emergency kit essential.
- Lint Roller—this is a must if dark colored clothing will be worn
- Mini Sewing Kit—be prepared for loose buttons and unraveling hems
- Chalk—a tried and true stain remover
- Static Guard—fight off clingy fabric and linen with this staple
- Eye Drops— a little moisture may be needed for those dry eyes
- Phone Charger and Extension Cord—you know why you need these:)
- Lotion—no dry skin on this day!
- Long Stem Lighter—tend to any fraying ribbons
- Feminine Towelettes—use these to stay fresh
- Super Glue—you can use this for broken nails, shoes, or to reattach something the flower girls had fun with:)
- Razor or Hair Removal—sometimes there are things that are forgotten to be removed
- Easy to Carry Snacks—you don't have to eat a full course meal but have an easy snack on hand and don't forget your water
- Straws—this is easier to sip your drinks especially after your lipstick has been applied
- Extra Thank You Cards and Paper (and Pen)—you may need to write an extra thank you, your vows, or a speech
- Extra Underwear—you may want to change at some point to ensure freshness
- Travel Size Baby Powder—a freshness staple
- Tampons and Pantyliners—things happen:(
- Travel First Aid Kit—again, things happen...
- Nail Polish—clear polish and a shade in the color that you are wearing
- Comfortable Shoes—there may be a point in the day that you just want to do away with your heels
- Cash—it's good to be prepared. You may want to tip one of your vendors or purchase something on the go.
- Q Tips and Makeup Remover—makeup mishaps occur, too.
- Hand Sanitizer—keep the germs away
- Toothbrush & Toothpaste—you will be smiling and talking all day, this will help you.
- Safety Pins and Corsage Pins—you never know what will come apart